

ASCA Spring 2018 Class Descriptions

* Class pricing will be available during registration

* Also please note, some of these classes may have a materials fee - this fee is to be paid directly to the instructor on the first day of class in form of cash or check.

Art Exploration (all grades) - Alexandra Etscovitz

Come explore art materials, learn new strategies, and create in an open studio approach that is infused with fun, choice, and multimedia experiences! Material fee is \$10.

Basketball (grades 2-5) - Shannon Komow

This class will revolve around the fun and skills of basketball and basketball games. Children will work on individual ball handling skills such as dribbling, passing and shooting. Team concepts such as defense, offense and the rules of the game will be explored. Fun challenges, drills, games and daily competitions in a positive and energetic environment will take place. This class will help you become a better and more confident basketball player, along with helping you learn the skills and concepts of the game. LET'S HOOP IT UP!!

Camp ASCA (all grades) - Lisa Garland and Vicki Frassica

Join Lisa Garland and Vicki Frassica for awesome summer camp type fun. Arts & Crafts, goodies, and everything you remember from your days at camp - right here at Memorial Spaulding! A great class to beat the end of summer blues. Material fee is \$25.

Chess, Beginners/Intermediate/Advanced (all grades) - Jacob Rasin

Learn to play starting with the basics and progress to a real player. Chess is an art, a sport, a science and most of all, just A FUN GAME! Chess enhances creative and critical thinking skills. Learn board set up, movement of pieces, rules of play, basic opening, middle game and end game principles with internationally ranked Senior master and veteran teacher, Jacob Rasin. We are sure that his coaching will transform you into a great chess player.

Cookies (grades 2-5) - David Minichiello

Young bakers will get their hands in the cookie dough and bake up delicious new recipes each week. Bakers take home their cookies and recipes each week to share with their families! If interested, students will also prepare other sweet treats, including no-bake recipes. May not be suitable for children with allergies – please discuss with instructor @ david_minichiello@newton.k12.ma.us Material fee is \$30 for purchasing of ingredients, tools, and other materials throughout session.

Dodgeball and More Ball Games (grades 3-5) - Shannon Komow

This class offers a very wide range of fun ball games, which will help students develop and practice throwing, catching, kicking, striking, and rolling skills. Students will explore movement

and increase their cardiovascular endurance levels while playing games. Games will be both cooperative and competitive, but sportsmanship will always be a primary focus! Safety rules will be discussed at the beginning and throughout the year and games will be monitored so everyone is SAFE. Some games that will be played are Monarch, Dodgeball, Angry Birds, Poison Ball, Ga-ga Ball, and many more....

Flag Football (grades 3-5) - Be Ahead of the Game

Be Ahead of the Game Flag Football at Memorial Spaulding is a player-centered and coach-driven, practice. Coaches will make sure everyone is learning and getting plenty of time to play all while smiling and having fun. We want to help your child become a successful football player, by working on all the fundamental skills, punting; offensive techniques, throwing and catching, defensive strategies, and footwork. Another focus will be on learning the value of teamwork and communication during age-appropriate drills. All drills will help them master and navigate the field with complete confidence. Our main focus is giving kids time to play in structured games and inspiring a love of football.

Floor Hockey (grades 2-5) - Be Ahead of the Game

Be Ahead of the Game Floor Hockey is kid-centered, endless fun! Coaches will make sure everyone is learning and getting plenty of practice all while smiling and having fun. We want to help your child become a successful player, by working on all the fundamental skills, shooting, offensive techniques, ball handling, proper defense, footwork and passing. Another focus will be on learning the value of teamwork, sportsmanship and communication during age-appropriate drills. All drills will help them master and navigate the floor with complete confidence. Although we have many focuses, our main focus is having fun and inspiring a love of the game. Both boys and girls are encouraged to sign up.

Gourmet Kids (all grades) - Amy O'Toole

Young chefs will learn to mix, measure and prepare their own savory dishes and dessert treats while exploring hands-on-fun with cooking! Recipes will change weekly to include a variety. Please advise of any food allergies prior to the start of class. Instructor can be contacted directly with any questions: amyb_otoole@yahoo.com Material fee is \$30 for purchasing of ingredients, tools, and other materials throughout the session.

Harry Potter Extravaganza (grades 3-5) - Kimberly Meredith

Calling all Muggles! Come explore the world of Harry Potter and Magical Beasts with Miss Meredith through art, science experiments, and games. You will create golden snitches, howlers, and other Hogwarts artifacts. We will use Hogwarts School ingredients to make bouncy balls and other fun concoctions. We will also play trivia games that test your Harry Potter knowledge. Come find out what house you belong in! Material fee is \$5.

Jewelry Design (all grades) - Lisa Garland

Have FUN and learn the basics of jewelry making with Lisa Garland... Design one of a kind bracelets, necklaces, rings, and much more! We'll have a blast as we listen to music and make jewelry! Material fee is \$25.

Intro to STEM with Lego Materials (grades K-2) - Play-well TEKnologies

Ratchet up your imagination with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Fire Trucks, Space Stations, Tugboats, and the Eiffel Tower. Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this course.

Karate, Beginners (grades K-2), Intermediate/Advanced (grades 3-5) - Jim True

Self-defense - Safety Awareness - Character Development - Self-esteem – Physical Fitness -

The after school martial arts and safety awareness program develops conflict resolution and stranger awareness skills. Using Black Belt Attitudes such as: respect, self-control and discipline, these programs provide students of all ages with educational information in developing life skills as well as the physical and mental skills needed to stop the threats of violence from bullies and strangers. Additionally students will learn the basics of karate and have the opportunity to earn rank through belts and stripes as they progress.

Nature Detectives (all grades) - Drumlin Farm

What makes a mammal a mammal, and a bird a bird? What are some of the similarities and differences between animals that live in our backyards? During each session, we will investigate the natural history of different species, learn how animals prepare for winter and explore outdoors to look for clues about where these animals live, and why they make these places their home.

Ninja FIT-tastic (K-2) - Shannon Komow

CLIMBING, JUMPING, ROLLING and MOVING your body to get stronger and faster while having FUN! This class will be full of OBSTACLES, CLIMBING ROPES, and TUMBLE MATS. Similar to Ninja Warrior, kids will experience a variety of ways to move their bodies and work with other kids in a supportive and cooperative environment. The focus is on movement, fitness, teamwork and fun!

Soccer (grades K-2) - F.A.S.T Athletics

Our soccer program will teach the fundamental skills of dribbling, trapping, passing and shooting. The students will work on these fundamentals through a variety of unique, nontraditional games.

STEM with Lego Materials (grades 3-5) - Play-well TEKnologies

Power up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: Bulldozers, Hovercrafts, Hot Air Balloons, and the Great Wall of China Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this course.

Super Sports (grades 3-5) - Be Ahead of the Game

Concentrates on introducing a variety of sports and the basic skills needed to play these sports. Cooperation and teamwork are the focus, rather than the competition of the games. Players learn proper warm-up, games, and stretching before introducing new sports, their rules and tactics. A wide variety of sports and games (including but not limited to dodgeball, flag football, soccer, basketball) are covered all while having fun!

Yoga (all grades) - Megan Tager

Have your child come bend, twist, jump, breathe and relax with Megan and all their friends in this awesome yoga class. Classes start with breath work, followed by a story or adventure with various yoga poses and ending with Savasana and gratitude journaling. Your children will learn how to find balance and calm in their busy days, a skill they can use all their lives! There is a material fee of \$20 for a yoga mat, journal and eye pillow, all of which will belong to your child at the end of the class. Looking forward to seeing your child on the mat! Namaste- Megan

Zumba Kids (all grades) - Ketty Rosenfeld

GRAB YOUR FRIENDS AND MOVE LIKE NO ONE IS WATCHING. ZUMBA® KIDS IS THE DANCE-FITNESS PARTY WHERE WE PLAY IT LOUD AND ROCK WITH FRIENDS TO OUR OWN RULES. Learn many styles of dance to make each class a party, leave sweaty and with a smile on your face.