

ASCA Fall 2018 Class Descriptions

* Class pricing will be available during registration

* Also please note, some of these classes may have a materials fee - this fee is to be paid directly to the instructor on the first day of class in form of cash or check.

Basketball (grades 3-5) - Shannon Komow

This class will revolve around the fun and skills of basketball and basketball games. Children will work on individual ball handling skills such as dribbling, passing and shooting. Team concepts such as defense, offense and the rules of the game will be explored. Fun challenges, drills, games and daily competitions in a positive and energetic environment will take place. This class will help you become a better and more confident basketball player, along with helping you learn the skills and concepts of the game. LET'S HOOP IT UP!!

Camp ASCA (all grades) - Lisa Garland and Vicki Frassica

Join Lisa Garland and Vicki Frassica for awesome summer camp type fun. Arts & Crafts, goodies, and everything you remember from your days at camp - right here at Memorial Spaulding! This class often includes a snack, and sometimes even combines a craft and snack (!!!), so please discuss food allergies with instructor @ lisagarland66@aol.com A great class to beat the end of summer blues. Material fee is \$25.

Chess, Beginners/Intermediate/Advanced (all grades) - Jacob Rasin

Learn to play starting with the basics and progress to a real player. Chess is an art, a sport, a science and most of all, just A FUN GAME! Chess enhances creative and critical thinking skills. Learn board set up, movement of pieces, rules of play, basic opening, middle game and end game principles with internationally ranked Senior master and veteran teacher, Jacob Rasin. We are sure that his coaching will transform you into a great chess player.

Crafting Kids (all grades) - Amy Sullivan

Crafting Kids - Prepare to get crafty and creative! Kids will use a wide variety of materials to design their works of art while learning about the history behind what they are making. From soap making and sewing to mosaics and wall hangings, there will be something cool to create each week - all designed by you! Any questions about materials and possible allergies please contact instructor directly at amy.sullivan7@verizon.net. Material fee is \$25.

Crazy 8's Math Club (grades K-2 and grades 3-5) - Amy Severance

We're nothing like your usual math club. With Crazy 8s, we will build glow-in-the-dark structures, crack secret spy codes and play games like Toilet Paper Olympics. Every week will do a hands-on, collaborative math investigation. Come join the Crazy 8's math club with our math specialist Amy Severance.

Creativity Zone with Ms. E (all grades) - Alexandra Etscovitz

Come to the art studio and learn about new artists, new techniques, and explore with materials to make art in a creative and open art studio time! Material fee is \$10.

Dodgeball and More Ball Games (grades 3-5) - Shannon Komow

This class offers a very wide range of fun ball games, which will help students develop and practice throwing, catching, kicking, striking, and rolling skills. Students will explore movement and increase their cardiovascular endurance levels while playing games. Games will be both cooperative and competitive, but **sportspersonship** will always be a primary focus! Safety rules will be discussed at the beginning and throughout the year and games will be monitored so everyone is SAFE. Some games that will be played are Monarch, Dodgeball, Angry Birds, Poison Ball, Ga-ga Ball, and many more....

Flag Football (grades 3-5) - Be Ahead of the Game

Be Ahead of the Game Flag Football at Memorial Spaulding is a player-centered and coach-driven, practice. Coaches will make sure everyone is learning and getting plenty of time to play all while smiling and having fun. We want to help your child become a successful football player, by working on all the fundamental skills, punting; offensive techniques, throwing and catching, defensive strategies, and footwork. Another focus will be on learning the value of teamwork and communication during age-appropriate drills. All drills will help them master and navigate the field with complete confidence. Our main focus is giving kids time to play in structured games and inspiring a love of football.

Floor Hockey (grades 2-5) - Be Ahead of the Game

Be Ahead of the Game Floor Hockey is kid-centered, endless fun! Coaches will make sure everyone is learning and getting plenty of practice all while smiling and having fun. We want to help your child become a successful player, by working on all the fundamental skills, shooting, offensive techniques, ball handling, proper defense, footwork and passing. Another focus will be on learning the value of teamwork, sportsmanship and communication during age-appropriate drills. All drills will help them master and navigate the floor with complete confidence. Although we have many focuses, our main focus is having fun and inspiring a love of the game. Both boys and girls are encouraged to sign up.

Gourmet Kids (all grades) - Amy O'Toole

Young chefs will learn to mix, measure and prepare their own savory dishes and dessert treats while exploring hands-on-fun with cooking! Recipes will change weekly to include a variety. Please advise of any food allergies prior to the start of class. Instructor can be contacted directly with any questions: amyb_otoole@yahoo.com Material fee is \$30 for purchasing of ingredients, tools, and other materials throughout the session.

Harry Potter Extravaganza (grades 3-5) - Kimberly Meredith

Calling all Muggles! Come explore the world of Harry Potter and Magical Beasts with Miss Meredith through art, science experiments, and games. You will create golden snitches, howlers, and other Hogwarts artifacts. We will use Hogwarts School ingredients to make bouncy

balls and other fun concoctions. We will also play trivia games that test your Harry Potter knowledge. Come find out what house you belong in! Material fee is \$10.

Jedi Engineering with Lego Materials (grades K-2) - Play-well TEKnologies

The Force Awakens in this introductory engineering course for young Jedi! Explore engineering principles by designing and building projects using LEGO® materials such as X-Wings, R2 Units, Energy Catapults, Defense Turrets, and Settlements from a galaxy far, far away. Create motorized and architectural projects with imagination and engineering to defeat the Empire!

Jedi Master Engineering with Lego Materials (grades 3-5) - Play-well TEKnologies

The Force Awakens in this advanced engineering course for young Jedi! Discover key engineering concepts such as gear trains, worm drives, pneumatics, and eccentric motion. Build projects from LEGO® Materials such as X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, Settlements, Fortresses, and other complex machines and structures from a galaxy far, far away.

Jewelry Design (all grades) - Lisa Garland

Have FUN and learn the basics of jewelry making with Lisa Garland... Design one of a kind bracelets, necklaces, rings, and much more! We'll have a blast as we listen to music and make jewelry! Material fee is \$25.

Karate, Beginners (grades K-2), Intermediate/Advanced (grades 3-5) - Jim True

Self-defense - Safety Awareness - Character Development - Self-esteem – Physical Fitness - The after school martial arts and safety awareness program develops conflict resolution and stranger awareness skills. Using Black Belt Attitudes such as: respect, self-control and discipline, these programs provide students of all ages with educational information in developing life skills as well as the physical and mental skills needed to stop the threats of violence from bullies and strangers. Additionally students will learn the basics of karate and have the opportunity to earn rank through belts and stripes as they progress.

Nature Detectives (all grades) - Drumlin Farm

What makes a mammal a mammal, and a bird a bird? What are some of the similarities and differences between animals that live in our backyards? During each session, we will investigate the natural history of different species, and explore outdoors to look for clues about where these animals live, and what strategies they use to prepare for the winter.

Ninja FIT-tastic (K-3) - Shannon Komow

CLIMBING, JUMPING, ROLLING and MOVING your body to get stronger and faster while having FUN! This class will be full of OBSTACLES, CLIMBING ROPES, and TUMBLE MATS. Similar to Ninja Warrior and Parkour, kids will experience a variety of ways to move their bodies and work with other kids in a supportive and cooperative environment. The focus is on movement, fitness, teamwork and fun!

Soccer (grades K-2) - F.A.S.T Athletics

Our soccer program will teach the fundamental skills of dribbling, trapping, passing and shooting. The students will work on these fundamentals through a variety of unique, nontraditional games.

Super Sports (grades 3-5) - F.A.S.T Athletics

Get up, get going, get active with a F.A.S.T. Athletics Super Sports Program. F.A.S.T. Athletics will offer a variety of sports each week such as: Soccer, Mat Ball, Basketball, Dodgeball, and Kickball. Programs will include proper stretching and warm-up games as well as learning basic skills of each sport, each class will end with a high energy game with the sport played that day.

Superstar Dancers (K-2) - The Dance Academy of Siagel Productions

Kids will bust a move with an amazing instructor from The Dance Academy of Siagel Productions learning new skills, rhythm, coordination, and dance routines each week. Music will vary from pop to high-energy dance songs from around the world. Students will learn to enjoy and appreciate dance as an activity that makes us feel happy, do good for our bodies, and connect with others.

Zen Time (all grades) - Megan Tager

Have your child come bend, twist, jump, breathe and relax with Megan and all their friends in this awesome yoga class. Classes start with breath work, followed by a story or adventure with various yoga poses and ending with Savasana and gratitude journaling. Your children will learn how to find balance and calm in their busy days, a skill they can use all their lives! There is a material fee of \$20 for a yoga mat, journal and eye pillow, all of which will belong to your child at the end of the class. Looking forward to seeing your child on the mat! Namaste- Megan

Zumba Kids (all grades) - Ketty Rosenfeld

GRAB YOUR FRIENDS AND MOVE LIKE NO ONE IS WATCHING. ZUMBA® KIDS IS THE DANCE-FITNESS PARTY WHERE WE PLAY IT LOUD AND ROCK WITH FRIENDS TO OUR OWN RULES. Learn many styles of dance to make each class a party, leave sweaty and with a smile on your face.