

January 2019



Hello Memorial Spaulding Families!

Our school is proud to partner with the American Heart Association (AHA) with the Kids Heart Challenge. This week we kick off the Kids Heart Challenge by showing an AHA heart video and discussing the fundraiser to all classes in Physical Education, Health and Wellness. The month of February is heart health month and our students will be learning about their heart, practicing their jump rope skills and having the opportunity to make a difference by raising money to help people with heart disease. Last year, Memorial Spaulding families raised \$8,006 and our school goal this year is to raise \$8,500! In addition to helping the American Heart Association, our school can earn free PE equipment. This week each student will be bringing home an informational packet, which explains how to register online.

Here's your homework to help your child set up a personal fundraising page!

- Visit <http://american.heart.org/kidsheartchallenge/> or download the free app. Find our school and join the team.
- Select whether you're a new or returning participant. If you're new, fill out the form to set up your account. If you're returning, enter your user name and password and update your information.

All donations are due on March 1st, 2019! Thank you for helping a great cause!!

Kindly, Shannon Komow and Adriona Spear